

CISA RETURN TO PLAY POLICY

Each team is responsible to monitor their own players and spectators to assure these protocols are followed:

All individuals 10 years of age or older must always wear a face mask when at any CISA soccer complex, this is accordance with **current** local and state guidelines.

Coaches and players may remove their masks during warm-ups and play. Any player not actively participating in the game must continue to wear their face mask. Coaches must wear a mask when entering the field of play or addressing the referee or a board member during the game. All spectators must always wear their mask. Referees will wear face masks unless actively working at a game.

Please maintain a 6 feet distance from non-family members on sidelines and at restrooms while at CISA soccer complexes.

It is highly recommended, anyone over 65 or anyone with underlying health conditions remain home.

CISA will not be supplying any spectator benches, please bring your own chairs.

Please stay home if anyone in your family is not feeling well. Symptoms of illness include - chills or shaking, muscle aches and pains, new loss of taste or smell, vomiting or diarrhea, sore throat, cough, fever. If you or anyone in your household has been exposed to any individuals who have been diagnosed with Covid-19 within the last 2 weeks, please do not participate in soccer activities.

All game participants are required to bring their own equipment to all practices and games including ball, water bottle, towel, and hand sanitizer.

Coaches/players/spectators should arrive at the field no more than 30 minutes before game time. They should not approach a field if the previous game's participants are still at the field. All individuals should leave promptly after the end of their game to allow the next game's participants to arrive safely. No after game discussions or huddles.

No hand shaking or high fives any time before, during or after the game. Only 1 player/captain will participate in any coin toss with the Referee.

CISA will not be supplying face masks or hand sanitizer at the fields. CISA will follow North Texas Soccer Association's protocols for Return to Play as well as positive Covid-19 tests results follow up.

**THIS IS SUBJECT TO CHANGE AS ORDERS FROM
GOVERNOR ABBOTT OR LOCAL OFFICIALS ARE ANNOUNCED.**